Why is Elder Investment Fraud important to you?

- Your financial health affects your overall health.
- The quality of proper nutrition and healthcare are both affected by finances.
- Many aspects of normal aging and disease can contribute to your vulnerability to fraud and exploitation. We’re all at risk.
- Changes in your ability to make important decisions can leave you vulnerable to someone who may handle your affairs differently than you would.
- The population of older adults vulnerable to investment and financial fraud is large and growing.
**How Do You Know When You Need to Get Help?**

Does this sound familiar?
If you have any of the following financial concerns, talk with your health care provider or someone else you trust:

- I run out of money by the end of the month.
- I often regret or worry about financial decisions I’ve made.
- I have trouble paying bills because the bills are confusing.
- I don’t feel confident making big financial decisions alone.
- I don’t understand financial decisions that someone else is making for me.
- I give loans or gifts more than I can afford.
- My children or others are pressuring me to give them money or to change my will.
- Someone else is accessing my accounts or my money is disappearing.
- I can’t reach my adviser.

**How Can You Protect Yourself?**

Don’t let yourself be a victim. Here’s how:

- Information is your best defense against fraud.
- Learning about this issue will allow you to avoid situations that increase your risk of being financially exploited.
- Manage your loneliness and social isolation; try making new friends or reaching out to family.
- Practice good health habits to boost physical independence.
- Reach out to someone you trust, such as your doctor, if you are uncomfortable about a situation involving your finances.

**RED FLAGS**

Are you an older adult or do you know one who...

- is socially isolated, depressed or lonely?
- has experienced a change in the ability for self-care?
- depends on someone to provide everyday care?
- is uncomfortable with the person providing care?
- has just lost a loved one, such as a spouse?
- is financially responsible for an adult child or spouse?
- has given Power of Attorney to someone else to manage his or her finances?

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